SCIENTIFIC ALERTS
Shaping the Future of Research.....

TENTATIVE PROGRAM



GVS-TMIH-2026

2nd Global Virtual Summit on
Traditional Medicine and Integrative Health

December 10–11, 2026

Virtual Conference
PXCH

COLLABORATING ORGANIZATION



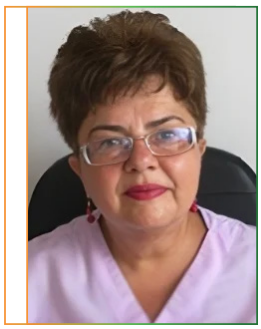
COLLABORATION PARTNER

GETHEALTHY USA



Lori Costantino, PhD
Get Healthy, USA
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contact@gvstmih2026.scientificalerts.org
https://gvstmih2026.scientificalerts.org/



Conference Chairperson

Angela Sanda Tudor
Society of TCM from Romania
Romania

Chairperson Message

Dear Esteemed Colleagues, Distinguished Guests, Researchers, Healthcare Professionals, Practitioners, and Friends,

It is my great honor and pleasure to warmly welcome you to the **2nd Global Virtual Summit on Traditional Medicine and Integrative Health.**

Following the success of our first gathering, this second edition represents another important step in bringing together a diverse international community dedicated to traditional medicine, complementary approaches, natural therapies, and integrative healthcare. Although we meet virtually, our shared commitment to knowledge, collaboration, and the advancement of healthcare brings us together across borders, cultures, and professional disciplines.

Traditional medicine represents one of humanity's oldest forms of healthcare knowledge. Developed through generations of observation, experience, cultural heritage, and close interaction with the natural world, traditional healing systems continue to play an important role in communities around the world. Today, growing scientific interest offers new opportunities to investigate these traditions, understand their mechanisms, evaluate their benefits and limitations, and explore their responsible place within modern healthcare.

The **2nd Global Virtual Summit on Traditional Medicine and Integrative Health** provides a valuable platform for researchers, physicians, therapists, practitioners, academics, educators, and healthcare professionals to exchange ideas and experiences. Through scientific presentations, expert discussions, and interdisciplinary dialogue, we have the opportunity to examine traditional knowledge from multiple perspectives and encourage meaningful connections between established traditions and contemporary scientific research.

Integrative health invites us to look at healthcare in a comprehensive manner, recognizing the importance of the physical, mental, emotional, social, and environmental dimensions of well-being. At the same time, responsible integration requires scientific rigor, professional ethics, patient safety, and respect for the cultural origins of traditional medical knowledge.

Our summit therefore seeks not only to celebrate the richness of traditional healing traditions but also to encourage critical thinking, evidence-informed practice, innovation, and international cooperation. By sharing research findings and practical experiences, we can contribute to a better understanding of how traditional and complementary approaches may be studied and applied responsibly in the context of modern healthcare.

The virtual nature of this summit also reflects the increasingly connected world in which we live. It allows professionals and researchers from different countries and backgrounds to participate, communicate, and learn from one another without geographical boundaries. This global exchange of knowledge is essential for building stronger professional networks and encouraging future collaborations.

I would like to express my sincere gratitude to all speakers, participants, researchers, practitioners, organizers, partners, and supporters who have contributed to making this event possible. Your dedication and enthusiasm are what transform a virtual meeting into a truly global scientific and professional community.

I hope that this summit will inspire new ideas, stimulate valuable discussions, create lasting professional connections, and encourage further research and collaboration in the fields of traditional medicine and integrative health.

Once again, it is my privilege to welcome you all to the 2nd Global Virtual Summit on Traditional Medicine and Integrative Health.

I wish you an inspiring, productive, and memorable summit.

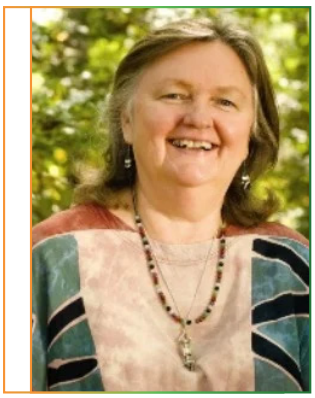
Welcome, and let us continue building bridges between traditional knowledge, scientific research, and the future of integrative healthcare.

Tudor

Dr. Angela Tudor
Society of TCM from Romania, Romania

Register Your Seat at:

https://gvstmih2026.scientificalerts.org/registration



Conference Honorary Chairperson

Dr. Mary Jo Bulbrook
Akamai University
USA

Honorary Chairperson Message

Dear colleagues,

Engage your heart and mind with the latest practices, education and research impacting us worldwide at the **2nd Global Virtual Summit! on Traditional Medicine and Integrative Health, December 10 – 11, 2026.**

Relax, learn, ask questions and speak your truth, as we explore worldwide innovations in getting well, staying well and supporting others.

We must move away from self-serving agendas toward prioritizing our own health first and then foster hand-to-hand, voice-to-voice, heart-to-heart, and soul-to-soul connections.

Awaken your dreams, explore innovations and help others do the same!

The **1st Global Victual Summit in August 2026** built excitement and thirst for more connections including follow-up with those that especially triggered my heart strings as a dedicated individual and family health care provider, advocate and academic scholar. I want to assist in helping change the world challenges impacting all of us.

The first Summit inspired me with this shout out "I want more! When is the next Global Virtual Summit – and now in **December we get our next insights to add to 2027!**

Love, light and laughter coming your way!

Dr. Mary Jo Bulbrook, RN, Family Therapist, Academic and Journeyer with you!



Dr. Mary Jo Bulbrook
Akamai University, USA

Register Your Seat at:
https://gvstmih2026.scientificalerts.org/registration



Christina Winkler

MTCGestalt,
France

Co-Chairperson Welcome Message

Dear Colleagues, Researchers and Friends of Integrative Health Professions,

It is a pleasure to welcome you to the **2nd Global Virtual Summit on Traditional Medicine and Integrative Health as one of its co-chairs.** Chinese medicine and other traditional medicines offer a coherent way of understanding the human being as a living relationship between body, mind, breath and environment. They embody a refined art of attention to the living process, shaped and tested over centuries of care. Traditional knowledge brings depth of observation and clinical subtlety in the face of complexity. Scientific research brings method, verification and the discipline of doubt. Their complementarity lies in recognising the specificity and the limits of each. The World Health Organization's Global Traditional Medicine Strategy 2025–2034 invites us to strengthen the evidence base, ensure safety and quality, and integrate these practices into health systems where appropriate, with respect for the knowledge and rights of the communities that carry them. Our summit contributes to this effort by creating a space where practitioners, researchers and policymakers can meet as partners. The richness of the knowledge shared and the diversity of our presenters and participants offer a precious opportunity to advance a modern understanding of integrative health and to bring together experts from Eastern and Western traditions.

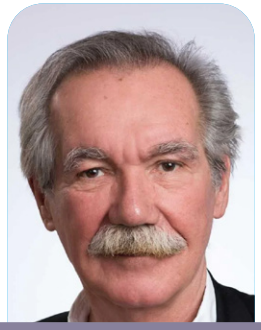
I hope these days will be a time of rigorous exchange, curiosity and mutual listening. Thank you
for being part of this conversation.

Warm regards,
Christina Winkler
Co-Chair, 2nd Global Virtual Summit on Traditional Medicine and Integrative Health 2026.

Register Your Seat at:

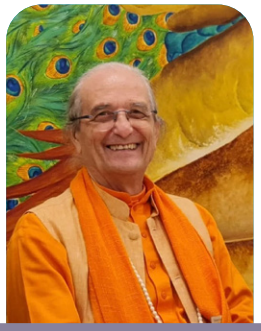
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GVS-TMIH-2026
Featured Speakers



Dr. Robert Kempenich

President of AREMA, France



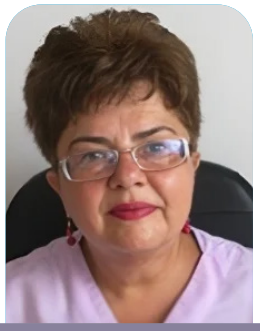
Amadio Bianchi

European Yoga Federation, Italy



Dr. Mary Jo Bulbrook

Akamai University, USA



Dr. Robert Kempenich

President of AREMA, France



Dr. Folker Meissner

Clinic for Holistic Medicine, German Academy for Energy Medicine and Bioenergetics, Germany



Nisrine Tarraf

Nisrine Tarraf, USA



Dr. Koichi Tanji

Bastyr University, USA



Christina Winkler

MTCGestalt, France



Rene Goris

IOC Daoland, Netherlands



Grace Liping Guo

IOC Daoland, Netherlands



Dr. Stine Ruge

International Forum for Promoting Homeopathy, Denmark



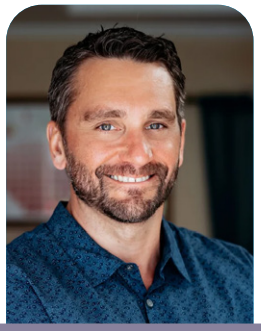
Dr. Prerak Shah

Ayulink Ayurveda, India



Dr. Michelle van Der Westhuizen

Independent Physician & Educator, Canada



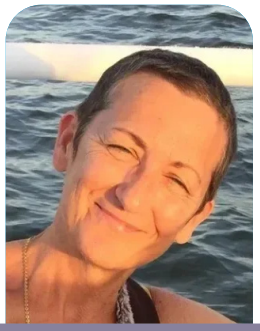
Jeremy Malecha

Biocanic, Inc., USA



Lori Costantino

Get Healthy, USA



Cynthia Husted

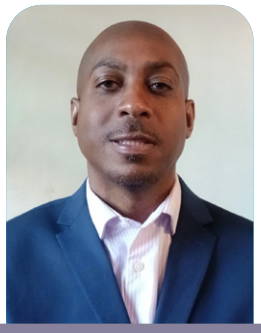
Science and Spirit Institute, USA

GVS-TMIH-2026
Featured Speakers



Andrea Darsana

Darsana Ayurveda, Spain



Ashton Martin

Perfect Purpose Humanity Hospital, USA



Julie E

Julie E Health, USA



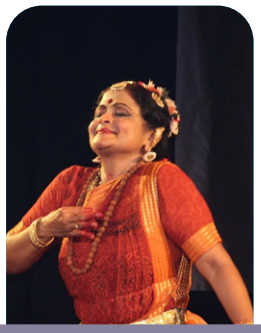
Mercedes Tristan

TransMed Center, USA



Natascha Polomski

Turn up the Frequency Vibrational Wellness, Canada



Dr. Padmaja Suresh

Aatmalaya Academy, India



Bernd Blobel

University of Regensburg, Germany



Dr. Owen Owunwanne

Professor at Akamai University, USA

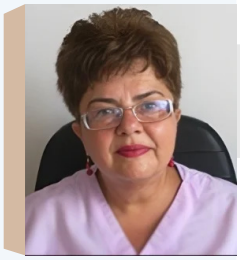
GVS-TMIH-2026 – Day -1

December 10, 2026

Main Conference Time Zone: EST (UTC – 5)

Conference Starts at 09:00 - 09:10 AM EST

Opening Remarks and Welcome Address by the Conference Chairperson & Honorary Chairperson

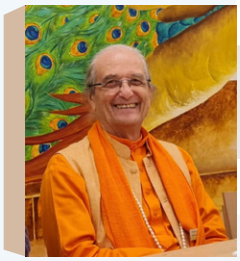


09:10–9:45 AM (Romania – EET: 4:10–4:45 PM)

Angela Sanda Tudor (Conference Chairperson)

Society of TCM from Romania, Romania

Title : Comprehensive treatments—including acupuncture, acupuncture point injections, and surgical thread embedding combined with dietary therapy—for TCM syndromes that cause obesity.

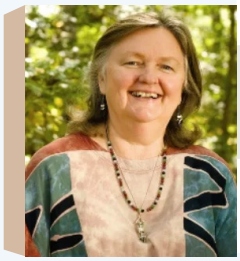


09:45–10:20 AM (Italy – CET: 3:45–4:20 PM)

Amadio Bianchi

European Yoga Federation, Italy

Title : The Path to Contentment – To Regain Health and the Joy of Living

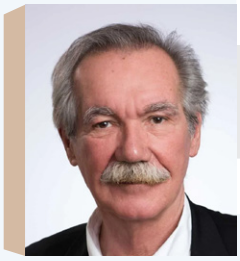


10:20–10:55 AM

Dr. Mary Jo Bulbrook (Conference Honorary Chairperson)

Akamai University, USA

Title : What the World Needs Now Is Divine Light and Love: Becoming Fully Human, Within, Between and Among!



10:55–11:30 AM (France – CET: 4:55–5:30 PM)

Dr. Robert Kempenich

President of AREMA, France

Title : Anthroposophic Medicine



11:30 AM–12:05 PM (Germany – CET: 5:30–6:05 PM)

Dr. Folker Meissner

Clinic for Holistic Medicine, German Academy for Energy Medicine and Bioenergetics, Germany

Title : The Manifestation of Healing – how to use the Law of Assumption to change one's identity

TENTATIVE PROGRAM

GVS-TMIH-2026 – Day -1

December 10, 2026



12:05–12:40 PM (Netherlands – CET: 6:05–6:40 PM)

Rene Goris

IOC Daoland, Netherlands

Title : How to root Healthcare back into Natural History

Break	12:40–12:55 PM	15 Minutes



12:55–13:30 PM (Netherlands – CET: 6:55–7:30 PM)

Grace Liping Guo

IOC Daoland, Netherlands

Title : Designing AI-Supported Research and Learning Infrastructure for Integrative Health: The Daoland Case

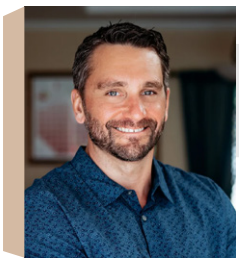


13:30–14:05 PM (Denmark – CET: 7:30–8:05 PM)

Dr. Stine Ruge

International Forum for Promoting Homeopathy, Denmark

Title : The role of homeopathy in modern childbirth



14:05–14:40 PM

Jeremy Malecha

Biocanic, Inc., USA

Title : Practical Applications of AI in Integrative Health: How Health Intelligence Enables Efficient Scaling and Demonstrable Outcomes

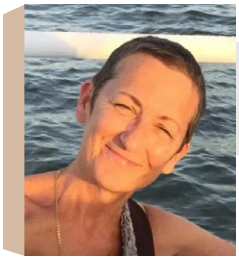


14:40–15:15 PM

Lori Costantino

Get Healthy, USA

Title : From Information to Transformation: Reconnecting Technology, Traditional Wisdom, and Human Healing



15:15–15:50 PM

Cynthia Husted

Science and Spirit Institute, USA

Title : Integrative Tibetan Medicine for Modern Chronic Conditions

TENTATIVE PROGRAM

GVS-TMIH-2026 – Day -1

December 10, 2026



15:50–16:25 PM

Ashton Martin

Perfect Purpose Humanity Hospital, USA

Title : Prevention Before Crisis

16:25–16:55 PM

Slot Available

16:55–17:20 PM

Slot Available

17:20–17:55 PM

Slot Available

Day -01 Closing Remarks

TENTATIVE PROGRAM

GVS-TMIH-2026 – Day -2

December 11, 2026

Main Conference Time Zone: EST (UTC – 5)

Conference Starts at 09:00 - 09:10 AM EST

Opening Remarks and Welcome Address by the Conference Co-Chairperson

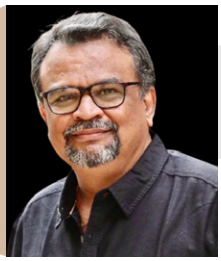


09:10–9:45 AM (France – CET: 3:10–3:45 PM)

Christina Winkler (Conference Co-Chairperson)

MTCGestalt,, France

Title : Unitarian Qi: A Unifying Concept Formalised Through a Medical Qigong Practice Transmitted by Master Sun (Beijing)

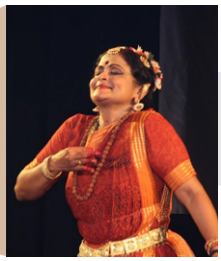


09:45–10:20 AM (India – IST: 8:15–8:50 PM)

Dr. Prerak Shah

Ayulink Ayurveda, India

Title : The Gut–Brain Axis: Ayurvedic Wisdom



10:20–10:55 AM (India – IST: 8:50–9:25 PM)

Dr. Padmaja Suresh

Aatmalaya Academy, India

Title : The Potential Power of Indian Classical Dance Towards Holistic Well-Being



10:55–11:30 AM (Canada – Time zone to be confirmed)

Natascha Polomski

Turn up the Frequency Vibrational Wellness, Canada

Title : The Practitioner Is Not the Answer: Awareness, Reflection, and Intentional Engagement in Integrative Practice



11:30 AM–12:05 PM (Germany – CET: 5:30–6:05 PM)

Bernd Blobel

University of Regensburg, Germany

Title : Challenges and Solutions for Designing and Managing Knowledge-Driven Communication and Cooperation in Intelligent and Ethical Transformed Health Ecosystems

TENTATIVE PROGRAM

GVS-TMIH-2026 – Day -2

December 11, 2026



12:05–12:40 PM (Canada – Time zone to be confirmed)

Dr. Michelle van Der Westhuizen

Independent Physician & Educator, Canada

Title : Can We Bring Humanity Back to Medicine? From Intergenerational Wisdom to AI What we gained, what we lost, and what we might build next

Break	12:40–13:00 PM	20 Minutes



13:00–13:35 PM (USA – PST: 10:00–10:35 AM)

Julie E

Julie E Health,, USA

Title : Women's Health & Longevity: The Hidden Impact of Scars



13:35–14:10 PM Spain – CET: 7:35–8:10 PM

Andrea Darsana

Darsana Ayurveda, Spain

Title : Integrative Ayurveda Medicine: A New Framework for Digestive and Metabolic Health

14:10–14:45 PM

Slot Available

14:45–15:20 PM

Slot Available

15:20–15:55 PM

Slot Available

TENTATIVE PROGRAM

GVS-TMIH-2026 – Day -2

December 11, 2026



15:55–16:30 PM (USA – Time zone to be confirmed)

Mercedes Tristan

TransMed Center, USA

Title : To be Updated



16:30–17:00 PM (Los Angeles – PST: 01:30–02:00 PM)

Nisrine Tarraf

Nisrine Tarraf, USA

Title : The Gut–Brain Axis and Mental Health

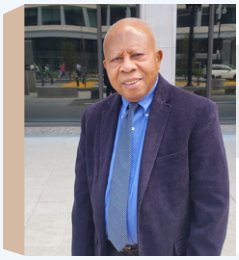


17:00–17:30 PM

Dr. Koichi Tanji

Bastyr University, USA

Title : To be Updated



17:30–18:00 PM

Dr. Owen Owunwanne

Professor at Akamai University, USA

Title : Pain Patients' Perceptions of Selected Conventional, Alternative, and Integrative Medical Treatments in Pain Management: A Qualitative Study

TENTATIVE PROGRAM

Day -02 Closing Remarks