

PRELIMINARY PROGRAM

TMIH SUMMIT 2026

Global Virtual Summit on
Traditional Medicine and Integrative Health

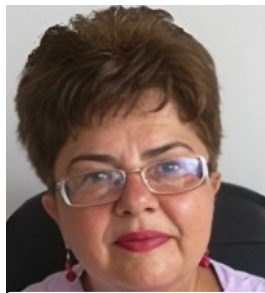
AUGUST

27-28, 2026

Organizing & Technical Committee



Lothar Pirc
Maharishi Ayurveda
Germany



Angela Sanda Tudor
Society of TCM from Romania
Romania



Amadio Bianchi
European Yoga Federation
Italy



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Hospital Affiliated to Guangzhou
University of Chinese Medicine, China



Anita Vestal
T'ai Chi Chih Research Group
USA



Kenneth R Pelletier
University of California School of
Medicine
USA



Chairperson's Welcome Note

Welcome to the **Global Virtual Summit on Traditional Medicine and Integrative Health (TMIH Summit 2026)**.

It is both an honor and a privilege to serve as Chairperson for this distinguished international summit that brings together researchers, healthcare professionals, academicians, practitioners, and innovators from across the globe. I extend my warm greetings and sincere appreciation to all participants, speakers, and organizers who are contributing to this meaningful scientific gathering.

Traditional medicine and integrative health continue to play an increasingly important role in modern healthcare systems. As the world faces complex health challenges, the need for a more holistic, patient-centered, and interdisciplinary approach has never been greater. This summit offers a valuable opportunity to exchange knowledge, present groundbreaking research, and encourage collaboration between diverse medical traditions and contemporary scientific advancements.

TMIH Summit 2026 serves as a global platform for open dialogue, academic excellence, and professional networking. Through thoughtful discussions and shared experiences, we have the opportunity to deepen our understanding of integrative healthcare practices and explore innovative solutions that can improve the well-being of communities worldwide.

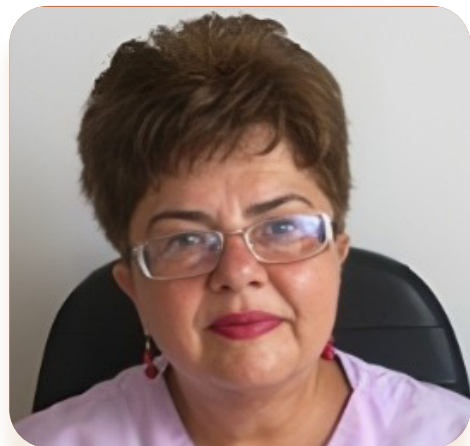
I strongly believe that by fostering cooperation between traditional healing systems and evidence-based modern medicine, we can contribute to a more inclusive, sustainable, and compassionate future for global healthcare. The exchange of ideas during this summit will undoubtedly inspire new perspectives, research collaborations, and advancements in the field.

I would like to express my sincere gratitude to the organizing committee for their dedication and hard work in making this event possible. I also thank every participant for your enthusiasm, expertise, and commitment to advancing healthcare and scientific knowledge.

I warmly welcome you all to TMIH Summit 2026 and wish you a highly enriching, engaging, and successful conference experience.

With warm regards,

Angela Tudor
Chairperson, TMIH Summit 2026



Register Your Seat at:

<https://gwtmi2026.scientificalerts.org/registration>



Participants are kindly requested to verify their local time zones accordingly

August 27, 2026 - Day 1

09:20 AM – 09:30 AM EDT Opening Remarks and Welcome Address by the Conference Chairperson	
09:30-10:00	<p>Title: The Importance of Integrating TCM Diagnosis and Treatment into the approach of Osteoporosis</p> <p>Angela Sanda Tudor, Society of TCM from Romania, Romania</p>
10:00-10:30	<p>Title: Living with Art to Prevent Illness and Develop the Joy of Living</p> <p>Amadio Bianchi, European Yoga Federation, Italy</p>
10:30-11:00	<p>Title: The integration of Tibetan and functional medicines with applications to the clinical care and research of neurological disorders</p> <p>Cynthia Husted, Science and Spirit Institute, USA</p>
11:00-11:30	<p>Title: Neuromodulation of Scalp Electroacupuncture in the Treatment of Autism Spectrum Disorder</p> <p>Zhenhuan LIU, Nanhai Maternity and Children Hospital Affiliated to Guangzhou University of Chinese Medicine, China</p>
11:30-12:00	<p>Title: The Mind-Body Workplace: Integrating Emotional Intelligence, Aromatherapy, and Movement to Redefine Innovation and Mental Health in the workplace by Leadership</p> <p>Ine-Mari Bredekamp, IMB Leadership, UAE</p>
12:00-12:30	<p>Title: Cognitome: Retraining the Brain for Mental Health and Mind-Body Wellness</p> <p>Dr. Mohita Shrivastava, Cognitome LLC, UAE</p>
Break (12:30-12:40)	
12:40-13:10	<p>Title: Anthroposophic Medicine</p> <p>Dr. Kempenich Robert, President of AREMA, France</p>
13:10-13:40	<p>Title: Building authentic collaborative communities for healing and transformation</p> <p>Lori Costantino, Get Healthy, USA</p>

13:40-14:10	Title : Connection and Communication as Medicine for Emotional Wellbeing Coach Lee Johnson, Coach Lee Fitness LLC, USA
14:10-14:40	Title: Simple Energetic Healing (SHE) Tools & Resources: Achieve Wellness for ALL! Dr. Mary Jo Bulbrook, Akamai University, USA
14:40-15:10	Title: The Mind-Body Workplace: Integrating Emotional Intelligence, Aromatherapy, and Movement to Redefine Innovation and Mental Health in the workplace by Leadership Mary Elizabeth Wakefield, Chi-Akra Center for Ageless Aging, USA
15:10-15:40	Session Slot Available
Note: The program schedule is tentative and subject to updates with additional speaker confirmations.	

August 28, 2026 - Day 2

The Conference Will Begin at 09:30 AM EDT	
09:30-10:00	Title: Resourced & Relational: Embodied Parts Integration and Dual Attunement in Collaborative Care for Bodyworkers and Trauma Therapists Catherine Whelan and Chelsea Haverly, CST-D (Upledger Institute International), USA Trauma Informed Bodywork, USA
10:00-10:30	Title: Implementing Multidisciplinary Breast Cancer Rehabilitation: Preliminary Data from a Multicenter Integrative Program: Nastro Rosa Dr. Giordana Di Mauro, University in Messina, Italy
10:30-11:00	Title: The role of TCM in the treatment of atopic dermatitis, the differentiation, and the strategy with the TCM herbal formula Dr. Tzeching Wang, Eastern Wellness Acupuncture and Chinese Medicine, USA
11:00-11:30	Title: Treating brain tumours using bee venom and sonodynamic therapy sounds highly relevant and engaging. Dr. Bridget Goodwin, President, Australian Apitherapy Association, Australia



11:30-12:00	<p>Title: Maharishi Ayurveda: Reviving the Ancient Science of Life for Modern Healthcare - A Consciousness-Based Approach to Disease Prevention, Rejuvenation, and Collective Health</p> <p>Lothar Pirc, Maharishi Ayurveda, Germany</p>
12:00-12:25	<p>Title: The Link Between the Oral Cavity and Systemic Health: An Integrative Perspective Through Biological Dentistry, Functional Medicine, Ayurveda, Traditional Chinese Medicine, and Naturopathy</p> <p>Dr. Maria Theologides, South African Academy of Biological Practitioners, South Africa</p>
Break (12:25-12:35)	
12:35-13:00	<p>Title: Managing Healthcare Transformation towards Personalized, Preventive, Predictive, Participative Precision Medicine</p> <p>Bernd Blobel, University of Regensburg, Germany</p>
13:00-13:25	<p>Title: Exploring Human Clinical Research on Black ginger (<i>Kaempferia parviflora</i>) Polymethoxyflavones' Impact on Visceral Fat: A Narrative Review</p> <p>Dr. Gene Bruno, Nutraland, USA</p>
13:25-13:50	<p>Title: To Be Announced</p> <p>Dr. Martinez Lopez, Regenerative health clinic, Mexico</p>
13:50-14:15	<p>Title: Change Your Genes – Change Your Life: Epigenetics of Longevity</p> <p>Kenneth R Pelletier, University of California School of Medicine, USA</p>
14:15-14:40	Session Slot Available
14:40-15:05	Session Slot Available
<p>Note: The program schedule is tentative and subject to updates with additional speaker confirmations.</p>	

